COMPANIONS TO MANAGEMENT

A rapid reference resource for midwives – available online and on a special (free to download) app

List of topics planned for coverage:

Health advice for the pregnant patient Contraception Understanding the menstrual cycle How to get pregnant Pre-pregnancy preparation/counselling Pre-pregnancy detection and management of risk factors Subfertility Recurrent miscarriage Antenatal planning to ameliorate risks for pregnancy and labour Scanning, screening, and antenatal care protocols Dietary supplementation Immunisation

Bleeding in early pregnancy Cervical cerclage Management of ectopic pregnancy Management of first trimester miscarriage Management of second-trimester miscarriage Pain in early pregnancy Termination of pregnancy and safe post-termination care

Abdominal pain in later pregnancy Chest pain in pregnancy Convulsions in pregnancy Diarrhoea in pregnancy Fever in pregnancy Fetal abnormalities Headache in pregnancy Jaundice in pregnancy Leg pain/swelling in pregnancy Loss of consciousness in pregnancy Malignancy in pregnancy Shortness of breath in pregnancy Trauma in pregnancy Urinary symptoms in pregnancy Vaginal fluid/discharge in pregnancy

Vomiting in pregnancy

Abnormal/Unstable lie Pain relief in labour Vaginal Bleeding in Later Pregnancy and Labour Breech delivery

- **Caesarean section** Compassionate care of the pregnanct patient **Cord prolapse** Fetal surveillance in labour (incl. fetal heartrate anomalies) High blood pressure in pregnancy Low blood pressure in pregnancy HIV Induction of labour Initial care of the newborn Maternal collapse **Meconium-stained liquor Neonatal resuscitation Operative vaginal delivery** Pre-term delivery **Prolonged pregnancy** Prolonged second stage of labour Prolonged third stage of labour Resuscitation and stabilisation of a pregnant patient Shoulder dystocia Transfer to another medical unit Twin delivery **Unwell patient in labour** Use of early warning charts Use of the partogram Uterine inversion Vaginal birth after caesarean section **Vaginal tears** Postnatal bladder symptoms Postnatal bowel symptoms Breastfeeding
- Care of the newborn Cord care Debriefing the patient after delivery Maternal collapse Management of the patient after neonatal death Obstetric fistula Post-partum contraception Post-partum haemorrhage Post-partum pain Post-partum prescribing Psychiatric/psychological disorders Sepsis
- Venous thromboembolism